# **January 30, 2013**

Once you've wrestled, everything else in life is easv -Dan Gable



# **NIGHT AT THE RACES:**

Saturday 2/9/2013 at 6:30 PM

Benner Hall, Richlandtown

\$20 / PP - Includes turkey and roast beef dinner, horse races, dancing, beer and

\* TICKETS ON SALE NOW \* Please see a board member to purchase tickets and horses.

# **QUAKERTOWN IMPROVES TO 9-0**

**OYC - 59** 

PR - 25

Quakertown delivered dominant performances with wins over Pennridge and Allen on Sunday. Varsity won 59-25 and 84-9. JV won 73-13 and 96-0. Both teams improved to 9-0 on the season. The Exhibition

wrestlers looked focused as they sharpened their skills for the upcoming EPYWL tournament.

QYC will face the only other undefeated team in the league in Souderton this Saturday. This is the last match before we head into the postseason. Details are below.

**EPYWL Exhibition / JV** 

**Tournament Information** 

Weigh ins 2/8/13- Indian Crest

Middle School - 7:00 - 9:00 PM

Tournament- 2/10/13

Salisbury High School

Exhibition Start Time -8:00am

JV Start Time - 12:00pm

**Group 1 and 2 Parents** 

We need help in the snack stand during the Varsity Tournament on Sunday, 2/17/2013. This is a big fundraiser for the club. If you can help please email Jen Stover -5stovers@comcast.net



### **DATES TO REMEMBER:**

2/1- Group 3 Practice

2/2- Souderton (Away)

2/3- Souderton Tournament

2/4- Groups 1-2 Practice

2/5- Group 3 Practice

2/6- Groups 1-2 Practice

2/7- Group 3 Practice

2/8- Exhibition / JV Weigh In

2/9- League Championships

2/10- Exhibit / JV Tournament

2/11- Groups 1-2 Practice

### **UPCOMING MATCH:**

Souderton - 2/2/13

Indian Crest Mid School 139 Harleysville Pike Souderton, PA 18964

9:00 - Arrival for all

9:30 - Exhibition start

9:30 - V/JV Weigh in

10:30 - JV start time -Varsity follows

## **COACHES:**

GROUP 1:

Shawn Williams 267.374.1791

GROUP 2 & 3:

Scott Frinzi 267.374.6425

If you have any questions or concerns please address them with the appropriate coach.